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"It is not who I am underneath... but my actions that define me" (Batman)

A little more about the yellow jewel

In addition to vitamin C, one of the most interesting components of the lemon are the phytonutrients, in particular the limonoids, which are found in the rind. It is therefore not surprising that popular wisdom has included lemon zest in many recipes, both sweet and savoury.

It is not that lemon has miraculous qualities, but rather that it is one of the foods whose nutritional properties make it a good choice to benefit from as part of a balanced diet. In fact, another advantage of lemon consumption is that the fact that it is a source of Vitamin C **helps the body to improve the absorption of "non-heme" iron** (which is provided by plant-based foods such as pulses, green leafy vegetables and nuts). For example, dressing a lentil salad or spinach dish with lemon juice will increase the absorption of non-heme iron from these foods. Another option is to accompany the intake of these vegetables with a drink based on water with squeezed lemon juice.



Our Bat Lemon, Myotis Capacini "the long fingered bat" premieres film

"Batman, a mysterious and adventurous character who fights for righteousness and to apprehend evildoers in a lonely battle against the evil forces of society. His identity is still a mystery".



These were the first words a child who came to buy the comics of a new type of character - superheroes - could read. This first description of the bat-man appeared in May 1939. Unlike superheroes, Batman does not have superpowers: with his intellect, as well as scientific and technological applications, he creates weapons and tools with which he carries out his activities.

The essence of Batman remains the same: a vigilante in a black costume based on a bat, who goes out at night to fight crime. Batman continues to represent, 80 years later, the fantasies that the public needs to continue to have "some hope and faith" in human beings.

Santomera (Murcia-Spain) is possibly one of the most representative villages in the world when it comes to lemons. It has it all: conventional and organic lemon farming, packing houses for the export of fresh lemons, the largest lemon cooperative in Europe, 3 processing plants that last season processed 210,000 tonnes (51% of what was industrialized in the whole of Spain). **And what's more... surprise: it has its own Bat Lemon, the long fingered bat, a protected endangered species that lives and breeds in caves found in lemon production areas.**

Hollywood's American Batman has an extensive filmography, and **our long fingered bat, also known by its scientific name Myotis Capacini, have just released its short film** with the help of the environmental association ANSE and with the collaboration of AILIMPO. **Myotis Capacini like Batman, has a great intellect, but in this case it is able to fight against the enemies of the lemon trees, which are the diseases and plagues.** This has been proved thanks to the scientific work carried out which has allowed us to analyze the diet of these bats and prove that they hunt and feed on many insects that are pests for our crops, such as the citrus leafminer (Phyllocnistis citrella).

We encourage you to watch this short film entitled "Myotis capaccinii, a life at water" level in the Youtube channel in this link https://youtu.be/eF2YE55_PCY the new superhero of the lemon trees.

